

ABERDEEN SCHOOL DISTRICT #58

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 PEPPERONI PIZZA TOSSED SALAD GRAHAM CRACKER PINEAPPLE MILK	
5 CHILI MAC CORNBREAD CORN PEACHES MILK	6 SOFT SHELL TACO CARROT STICKS REFRIED BEANS COOKIE PEARS MILK	7 DELI SANDWICH BROCCOLI PEARS COOKIE MILK	8 CHEESE MINI PAN PIZZA TOSSED SALAD PINEAPPLE GRAHAM CRACKER MILK	9
12 SPAGHETTI AND MEAT SAUCE ITALIAN BREAD BROCCOLI PEACHES MILK	13 NACHOS WITH GROUND BEEF REFRIED BEANS COOKIE PEARS MILK	14 CHICKEN NUGGET MASHED POTATOES ROLLS GREEN BEANS PEACHES MILK	15 CANADIAN BACON PIZZA TOSSED SALAD PINEAPPLE GRAHAM CRACKER MILK	16
19 TOASTED CHEESE SANDWICH TOMATO SOUP CRACKERS CORN APPLE MILK	20 BEAN AND CHEESE BURRITO SPANISH RICE CARROT STICKS COOKIE APPLESAUCE MILK	21 DELI SANDWICH BROCCOLI PEARS COOKIE MILK	22 FRENCH BREAD PIZZA TOSSED SALAD PINEAPPLE GRAHAM CRACKER MILK	23
26 BEAN AND CHEESE BURRITO SPANISH RICE BROCCOLI CARROT STICKS COOKIE APPLESAUCE MILK	27 CRISPITO CORN CINNAMON ROLLS APPLESAUCE MILK	28 CHICKEN NUGGET MASHED POTATOES ROLLS GREEN BEANS PEACHES MILK	29 MINI PAN PIZZA TOSSED SALAD PINEAPPLE GRAHAM CRACKER MILK	

This institution is an equal opportunity provider.

Menus are subject to change without notice.



DISTRITO ESCOLAR DE ABERDEEN #58

octubre 2026



Lunes	Martes	Miércoles	Jueves	Viernes
			1 ENSALADA CON PIZZA DE PEPPERONI GALLETAS GRAHAM CON LECHE DE PIÑA	2
5 CHILI MACARRONES PAN DE MAÍZ MAÍZ MAÍZ MELOCOTONES LECHE	6 TACO DE CÁSCARA BLANDA, PALITOS DE ZANAHORIA, FRIJOLES REFritos, GALLETA PERAS, LECHE	7 SÁNDWICH DE CHARCUTERÍA, BRÓCOLI PERAS, GALLETA LECHE	8 MINI SARTÉN DE QUESO ENSALADA PIZZA CON PIÑA CON GALLETA GRAHAM CON LECHE	9
12 ESPAGUETIS CON SALSA DE CARNE PAN ITALIANO BRÓCOLI MELOCOTONES LECHE	13 NACHOS CON CARNE PICADA FRIJOLES FRITOS GALLETA PERAS Y LECHE	14 NUGGETS DE POLLO, PURÉ DE PATATAS, JUDÍAS VERDES MELOCOTONES, LECHE	15 ENSALADA CANADENSE DE PIZZA CON BACON CON PIÑA LECHE DE GALLETA GRAHAM	16
19 SÁNDWICH DE QUESO TOSTADO SOPA DE TOMATE GALLETAS GALLETAS CON MAÍZ Y MANZANA	20 BURRITO DE JUDÍAS Y QUESO ARROZ ESPAÑOL PALITOS DE ZANAHORIA GALLETA COMPOTA DE MANZANA	21 SÁNDWICH DE CHARCUTERÍA, BRÓCOLI PERAS, GALLETA LECHE	22 PIZZA DE PAN FRANCÉS ENSALADA DE PIÑA CON LECHE DE GALLETA GRAHAM	23
26 BURRITO DE FRIJOLES Y QUESO, ARROZ ESPAÑOL, BRÓCOLI, PALITOS DE ZANAHORIA, GALLETA, COMPOTA DE MANZANA, LECHE	27 ROLLITOS DE MAÍZ Y CANELA CRISPITO CON LECHE DE COMPOTA DE MANZANA	28 NUGGETS DE POLLO, PURÉ DE PATATAS, JUDÍAS VERDES MELOCOTONES, LECHE	29 MINI PIZZA EN BANDEJA ENSALADA PIÑA CON LECHE DE GALLETA GRAHAM	30

Esta institución es un proveedor de igualdad de oportunidades.

Los
menús pueden cambiar sin previo aviso,

ABERDEEN SCHOOL DISTRICT #58

October 2026

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mini Pankcakes PEACHES MILK	2
5 Banana Muffin PEACHES MILK	6 CEREAL MANDARIN ORANGE MILK	7 PB&J STRAWBERRY MIXED FRUIT MILK	8 OATMEAL PINEAPPLE MILK	9
12 French Toast Bites PEARS MILK	13 POPTART APPLESAUCE MILK	14 BREAKFAST STICK PEACHES MILK	15 CEREAL BAR MIXED FRUIT MILK	16
19 Mini Pankcakes APPLESAUCE MILK	20 PB&J STRAWBERRY MIXED FRUIT MILK	21 TOAST, MIXED GRAIN BREAD PEARS MILK	22 BANANA MUFFIN MANDARIN ORANGE MILK	23
26 FRENCH TOAST BANANA MILK	27 MUFFINS PEACHES MILK	28 P B & HONEY APPLESAUCE MILK	29 OATMEAL CHEESE STICK PEARS MILK	30

This institution is an equal opportunity provider,

Menus are subject to change without notice.